

Jill Miller

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Psalm 23:1-3a

“The LORD is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul.”



Discussion for the younger kids:

This verse is a part of a song that King David wrote about God. David was a man who lived his life in a way that pleased God. Because David had a relationship with God, he knew it was God who gave him peace. David said that God gave him everything he needs. Think about how God gives you all that you need – a place to live, a family, and food to eat. What other things does God give you? He gives you all this just because he loves you! Take time to thank God today for all that he gives you.

For Further Discussion:

Life is pretty crazy, isn't it? Sometimes I start the week on Monday and I feel like the days of the week run together... and then before I know it, it's Monday morning again. It's easy to get tired and worn down, not just by the stressful and busy things in life but even by the good things, too. David says of God in this psalm that not only does God give him everything he needs ("I lack nothing"), but God also gives him peace (picture those grassy open spaces and the flat, glassy water that David is talking about – that is a picture of calm and quiet). Can you say that about your own life? Does God give you peace? Take some time today to chill out with him, ask him to give you peace, and see what happens. I'll bet that you will be glad that you did.

If you would like to ask Jill more about her devotional, you can send an [email](#) to her at camp.