

Eric Shirk

Kitchen Assistant



I Peter 5:5-7

“Likewise, you who are younger, be subject to the elders. Clothe yourselves, all of you, with humility toward one another, for “God opposes the proud but gives grace the humble. Humble yourselves, therefore, under the mighty hand of God so that at the proper time He may exalt you, casting all your anxieties on Him, because He cares for you.”

Discussion for the younger kids:

There are a couple lessons here. First, listen to and respect people who are more grown up than you. Second, God doesn't like when we are proud about things. Verse 6 says that when you are humble, God will be happy with you. Third, Peter recommends that we let God worry about the future, and if you're worried about something, you should tell God about it. Let Him worry about it because he wants to help. Also, He's God and can deal with it better than any person can.

For Further Discussion:

First, listen to adults. They have had more experiences than you and they know how to approach situations better than you. Second, be humble. Nobody likes 'that guy' who is always boasting about how awesome he is. God likes when we are humble. Like a parent, he is proud of us being humble. I don't know about you, but having God be proud of me is pretty high up on my to-do list. Third, anxiety can overwhelm you pretty quickly, but God loves us. So, we can ask for His help, and He will help. Letting God worry about stress and anxiety is one of the harder things we are asked to do because it goes against everything we are taught about responsibility, but this is God we're talking about. If there was one 'person' I would go to first for advice and/or help, it's God.

If you would like to ask Eric more about his devotional, you can send an [email](#) to him at camp.