

# Emily Yoder

Worship Director



## Isaiah 40: 28-31

"Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."

### Discussion for the Younger Kids:

Can you think of a time when you were so tired you couldn't do anything? Maybe after a soccer game or when you were sick all you wanted to do was fall into bed and sleep for a week. God says we will get tired, even if we are young, but that if we believe in Him he will give us strength. Is there anything you need Him to give you strength for this week? Maybe to clean your room? Or how about loving your brother or sister? Ask Him for help, and He will give you all the strength you need.

### For Further Discussion:

When I'm going through times of exhaustion, weakness, or failure, I often look to this passage for encouragement. We all go through different struggles, and sometimes just feel like there's no way we can succeed or get back up again. These verses remind me that I am not alone in my struggles. Everyone goes through hard times and becomes tired, but with the help of our God who created us, we will not stumble or fall. God gives us hope and provides us with his strength so that we can not only continue on, but run and walk without becoming weary or faint. This allows us to really rely on God's strength, especially in times of weakness. God's love is so great, that he picks us up when we are down, and protects us. He allows us to "soar on wings like eagles," which is such an awesome picture. God is so good.

If you would like to ask Emily more about her devotional, you can send an [email](#) to her at camp.