



Dwayne Zeiset

Counselor

Philippians 4:6-7

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

It is easy to get overwhelmed by the things that are going on in the world and in our lives. This verse is a good reminder that God is always there for us. We simply need to come to him in prayer. When we bring our worries to God, he takes our worries and gives us peace. God is a good God!

If you would like to ask Dwayne more about his devotional, you can send an [email](#) to him at camp.